## L FUUK PLATEKS UN EAUH TEAM









Cellular high-precision

For the Eye Area



CellUltra Eye Serum-XT

Anti-fatigue cellular concentrate



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Most attacking player and goal scorer. Often marks opposing Number 4

Mid-attacking position. Often marks opposing Number 3

3

Mid-defending position. Often marks opposing Number 2

Most defensive player. It is beneficial if they have a good, strong backhand. Often marks opposing Number 1



Polo matches are split into between four to eight chukkas, depending on the handicap level of the match, in The Snow Polo World Cup St. Moritz four chukkas are played. Each chukka has a duration of seven minutes, after which a bell is rung, and 30 seconds of 'overtime' remain. If there is a penalty, goal or the ball goes out of play during these 30 seconds then the chukka ends. There are breaks in between each chukka for the players to change onto fresh ponies.



There is a zero tolerance from umpires on players who disagree with their decisions, and if an umpire hears a player arguing with the decision made, the umpire has every right to increase the severity of the penalty.



Every player must use their right hand to hold the polo stick, it is actually illegal in polo to hold the stick in your left hand, even if you are naturally left-handed. Therefore, players who favour their left hand, such as HRH The Duke of Cambridge, must learn to play with their right hand.